

KNOW THYSELF

The Official Organ of "The Universal Hygienological Society."

**PUBLISHED
MONTHLY.**

EDITED BY IDA ELLIS.

—1892 APRIL, 1892—

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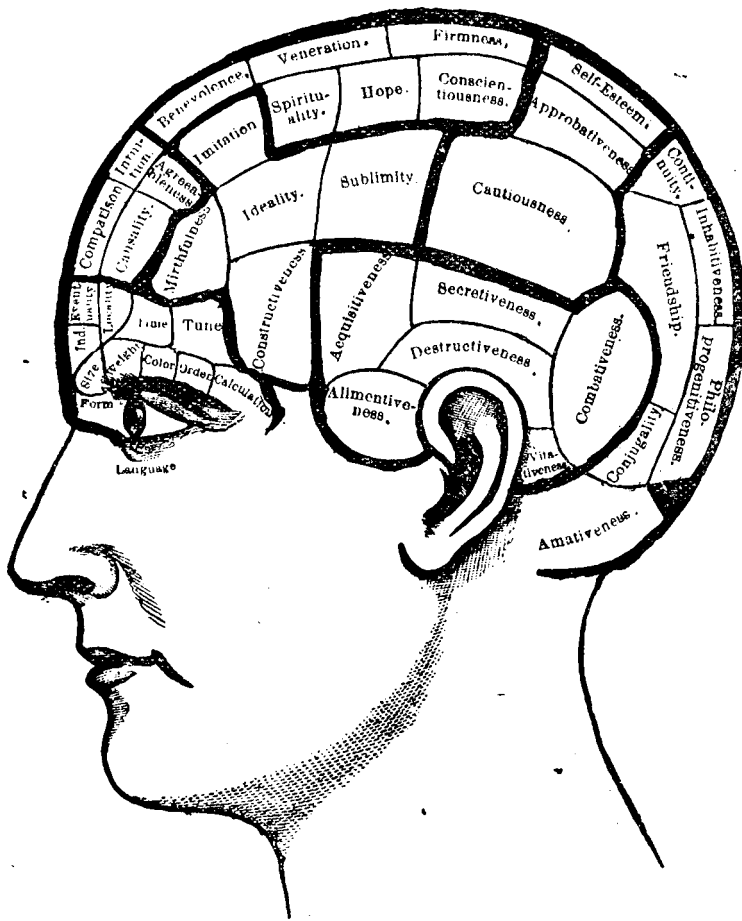
The Official Organ of the Universal Phrenological Society.

EDITED BY IDA ELLIS.

VOL. I.

APRIL. 1892.

No. 8.



APRIL

in the
Phrenological World.

1	Fr	Dr. Nahum Capen
2	S	born, 1804.
3	S	
4	M	S. R. Wells, of Fowler
5	Tu	and Wells, New
6	W	York, U.S.A., born
7	Th	1820.
8	Fr	
9	S	
10	S	
11	M	
12	Tu	
13	W	S. R. Wells died 1875
14	Th	
15	Fr	Good Friday
16	S	
17	S	Easter Sunday
18	M	G. Setchfield b. 1849
19	Tu	Meeting of the U.P.S.
20	W	at 7-30 p.m.
21	Th	
22	Fr	John Allen, B.P.A.,
23	S	born 1831
24	S	
25	M	
26	Tu	
27	W	
28	Th	
29	Tu	
30	W	
31	Th	

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THIS group includes the organs of *Cautiousness*, *Approbativeness*, and *Self-esteem*.

THEY ARE LOCATED at the top and sides of the back portion of the head, and when EXCESSIVE give a fullness to that part, but when DEFICIENT *vice versa*.

SECTION I.—CAUTIOUSNESS.

We mean by *Cautiousness*, carefulness, watchfulness, prudence, solicitude, anxiousness, timidity, indecision.

IT IS LOCATED just above Secretiveness, below Approbativeness, and has three divisions; the front portion giving prudence, discretion, and guardedness, the central portion solicitude, anxiousness, carefulness, and watchfulness, and the back and lower portion timidity, fear, and indecision, according to the degree of activity. If you are marked :—

DEGREE 1. DEFICIENT.—You never think of danger : are destitute of fear ; reckless, indiscreet, and foolhardy.

DEGREE 2. SMALL.—You seldom think before you act : are careless, imprudent, and rather reckless.

DEGREE 3. MODERATE.—You are not very cautious, neither do you manifest much forethought, but are rather imprudent in your undertakings. You act upon the spur of the moment, without due deliberation, and therefore make many blunders in life.

DEGREE 4. AVERAGE.—You are cautious and prudent in your actions as a rule, but at times say and do things which you afterwards regret.

DEGREE 5. FULL.—You are careful, prudent, anxious, and watchful. You always think before you act, or, in other words, you “look before you leap,” so much so, that you are apt to procrastinate and put off till to-morrow what you ought to do to-day.

DEGREE 6. LARGE.—You are very prudent, cautious, guarded, timid, and full of fear. Overcautiousness prevents you from doing many things which you have the ability for, and you lose many a good chance in life through being undecided in your actions, and lacking promptness. You hesitate in everything, and are often afflicted with groundless forebodings, because you are always on the look out for danger, and afraid to do right for fear of wrong.

DEGREE 7. EXCESSIVE.—You are too fearful, careful and anxious about trifles, and refuse to run any risk whatever.

HOW TO CULTIVATE.—Be more cautious and careful what you say and do. Look out for danger. Think twice before you act. Be less impulsive, and before you run headlong into any undertaking cautiously look at the *pros* and *cons*, and then sleep over it. Think more of the consequences of your present actions upon the future.

HOW TO RESTRAIN.—Never magnify danger. Always banish from your mind anything like timidity and fear. Don't be so anxious and careful over every little thing, but tell cautiousness that you “don't care.” Strive to act with decision and promptitude, and be less fearful of results.

SECTION II.—APPROBATIVENESS.

We mean by *Approbativeness*, affability, politeness, vanity, display, show, parade.

IT IS LOCATED above Cautiousness, and on each side of Self-esteem, and has three divisions ; the lower portion giving ambition, or a desire to excel and be victorious, the upper portion display or ability for etiquette, fashion, politeness, and the portion next Self-esteem sense of character or desire for honour, reputation, and position in society, according to the degree of activity. If you are marked :—

DEGREE 1. DEFICIENT.—You care nothing whatever for public opinion, and often say “I don't care for the opinion of others.” You despise politeness and disregard style and fashion entirely.

DEGREE 2. SMALL.—You are rather careless about reputation, fashion, civility, praise, or censure, and are satisfied with your present position.

DEGREE 3. MODERATE.—You are not very amiable, and will not seek the good opinion of others.

DEGREE 4. AVERAGE.—You are stimulated by praise, but will not ardently seek it, and at times you are independent of public opinion.

DEGREE 5. FULL.—You are susceptible to praise and blame, or in other words are rather fussy about what others say of you ; are on excellent terms with number one ; fond of popularity, and endeavour to show off to the best advantage.

DEGREE 6. LARGE.—You are polite, and have a great desire to please. If laughed at you are extremely annoyed. You will do much to gain the approbation and good opinion of others, and are fond of fashion and ceremony.

DEGREE 7. EXCESSIVE.—You are vain, ambitious, a dandy, and a puppet : always fishing for compliments, and are miserable if others are applauded more than yourself. You possess an inordinate love of display, and are too fond of talking about yourself, with the idea that your auditors will praise you.

HOW TO CULTIVATE.—Be winning, polite, and pleasant to all, and do nothing in the least to tarnish your reputation. Seek the applause of men, and remember that civility costs nothing but often gains a great deal.

HOW TO RESTRAIN.—Don't be so artificial and affected in your manner. Be more natural and less particular about style and appearances, praise and blame. Beware of vainglory and bombast. Think less of the opinions of others.

"Meddle not with him that flattereth,"—*Solomon.*

SECTION III.—SELF-ESTEEM.

We mean by *Self-esteem*, independence, dignity, self-satisfaction, pride, tyranny, egotism.

IT IS LOCATED at the top of the head, just above Approbativeness, between Concentrativeness and Firmness, and has three divisions; the front portion giving dignity or a desire to lead, and be proud, manly and noble, the central portion self-love or ability to value one's own thoughts and words, and the back portion independence or love of liberty, and self-reliance, according to the degree of activity. If you are marked:—

DEGREE 1. DEFICIENT.—You are too humble, and have no confidence in yourself. You feel quite unworthy of any position in life, and allow yourself to be led by anybody and anywhere.

DEGREE 2. SMALL.—You have very little confidence in your capabilities, therefore you shrink from responsibility, and your humility allows others to lead you.

DEGREE 3. MODERATE.—You lack confidence in your abilities, and your humility often allows others to take leading positions which you ought to fill.

DEGREE 4. AVERAGE.—You have not a great opinion of yourself, but just sufficient dignity to keep yourself from being trodden upon.

DEGREE 5. FULL.—You are dignified, rather proud of your ability and power, satisfied with yourself, and are rather ambitious to be somebody. You will not be led much by others, but prefer to be your own master and take a leading position.

DEGREE 6. LARGE.—You think you are capable of taking the responsibility of almost any position in life, and like to feel you can lead others. You walk erect and talk in an authoritative manner; fond of using the personal pronoun I, and overrating your powers. You are proud, ambitious, independent, and wish to be A.I. in command.

DEGREE 7. EXCESSIVE.—You are filled with an unbounded conceited opinion of your abilities, worth, and power, and esteem yourself better than what you are. Yea, you think yourself superior to anybody else, and you domineer and tyrannise over everybody in your power.

HOW TO CULTIVATE.—You must exalt and place more confidence in yourself. Esteem yourself as good as others in ability, and be more independent. Pride yourself on what you are; hold up your head and seek the company of superiors. Don't eat humble pie, for humility ceases to be a virtue when it causes you to be trampled under foot.

HOW TO RESTRAIN.—Measure your actions with those of greater men, and see how small your efforts are. Be less conceited, and never overrate your powers. Be humble, and esteem the virtues of others more. Never domineer or tyrannise over your fellow beings,

"Let another man praise thee, and not thine own mouth,"—*Solomon.*

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Sleep, or Repose.

BY PROF. JOHN THOMPSON, DP. U.P.S.

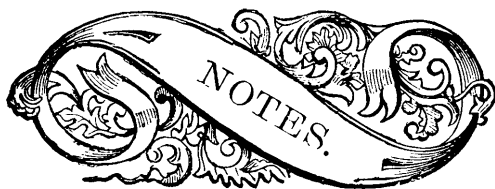
Refreshed with "nature's sweet restorer, balmy sleep."



SLEEP is a state of natural unconsciousness, the *voluntary* powers being in a condition of insensibility; whilst the *involuntary* functions of nutrition, secretion, etc., are going on either increased or diminished. It is needless to question here, whether occasional suspension of activity is requisite for the reparation of the destructive effects of that activity during the day, for every one is more or less acquainted

with the fearful results of long suspended sleep. Doctors, scientists, and educationalists, have promulgated many opinions setting forth the duration of time necessary, advocating that five, six, or at most seven hours sleep are sufficient for any one. I would like to ask them if they practise in their own families what they propagate. The amount of sleep necessary in a great measure depends upon the age, temperament, and constitution of the individual. Those with weakly constitutions generally require more sleep than others, but as a general rule, for the strong and healthy adult, eight hours sleep out of the twenty-four is sufficient, and any one is greatly to blame who allows himself to indulge in bed much longer than this. "Early to bed and early to rise," is an old maxim, but if people would retire to rest about ten, and rise at six in the morning, it would be much better for their general health and happiness.

Nourishment taken two hours before retiring for the night is much more beneficial than if taken later on. Why? Because it permits the digestive organs to perform their duties better. All mental excitement is unfavourable to repose. Working men who betake themselves to rest at an early hour of the night, with a calm and quiet mind, will generally sleep undisturbed until morning. Some men are able when they retire to drive from their mind all business thought and care, and thus are sure to fall into restful asleep. It is best when this can be done, (and it can be, in most cases, with proper care and attention) as natural sleep is much more refreshing than that obtained by the use of narcotics, which habit should always be avoided if possible. It is always best for the healthy to rise early; to take exercise moderately during the day; to avoid late and excessive study; to keep the mind cheerful, and to leave off every train of thought that would hinder or oppress the mind when it should repose in sleep. If people would do this, few would have sleepless nights. An easy mind, good digestion, and healthful exercise in the open air are grand conduces to sound sleep; therefore all whose sleep is indifferent should endeavour to make these their own as soon as possible.



BY VANDULA.



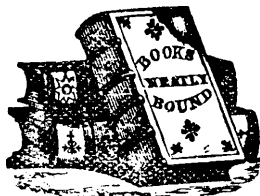
I beg to acknowledge the receipt of the following publications:—*An exposition of the non-starch system. Character and Handwriting. Human Nature. Hygienic Advertiser. Health Monthly. Lines on Phrenology. Light. Lucifer. Medium and Daybreak. North Cumberland Reformer. Natural Food. American Phrenological Journal. Noses: their use, abuse, and character. Love, Courtship, and Marriage. Scottish Prize Winner. Flashes. Monthly Observer. Eclectic Medical Practitioner.*

I wish to draw the attention of persons who send to us for a character sketch from their handwriting, that photographs are far more reliable for that purpose, and should be sent in preference if possible.



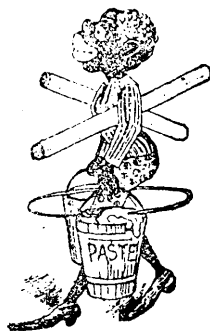
A Professor of phrenology was in Batley some time ago lecturing on the Science, and at the close gave several public delineations of character. One delineation caused a tremendous roar of laughter. The subject was a strong, burly individual, and well-known as a manager of a shining butchering business. The Professor commenced by stating that the man would never make a butcher for he abhorred killing or destroying animals of any description. The audience could restrain their merriment no longer, but burst into a right good laugh, apparently at the Professor's expense. To the amazement of those who laughed, the man rises to his feet and exclaims, "What the Professor has said is quite correct. I hate butchering of every description, and although I am a butcher by trade I very seldom kill, and then very much against my nature, in fact, I dislike to be in the slaughter-house during the killing period." This little incident appeared to have produced more faith in the Professor's ability as a phrenologist than all his lectures, for from that night he did a roaring business.

Back numbers of *Know Thyself* can be had at any time from the Editor, price one penny each, except number 1, which is now scarce, and is price two pence.



In our list of books will be found several by the renowned phrenologist and scientist, SIGNOR CRISPI. He has written to the effect that he has none left, and does not intend re-printing for some time; therefore they are very scarce and valuable. As we shall not be able to get our stock replenished we advise those who wish to obtain his remarkable works to send for them at once, before we have entirely sold out. *Brain, Health, and Nervous Prostration, 6d.; Consumption, 6d.; Hints to Ladies, 1/6; Hints to those about to Marry, 1/-; Advice to Young Men, 1/-*. The five books sent post free for 4/6. Address—115, Taylor St., Batley, Yorks.

The phrenologist who ordered the greatest number of *Know Thyself* last month is Prof. T. Roe, Merton Street, Banbury, who paid for 150 copies. Profs. Taylor and Ward come next, having ordered 100 copies each.



The following interesting notice of *Know Thyself* appeared in the *Hygienic Advertiser* for February, 1892:—


"We have received the current number of *Know Thyself*, which is a penny illustrated monthly magazine devoted to phrenology, mental science, and kindred subjects. It is the only penny magazine published in Great Britain devoted to that science, and is the official organ of the 'Universal Phrenological Society.' Great credit is due to the Editor, Professor Ida Ellis, Dp. U.P.S., for the able manner in which she delineates the characters of 'leaders in thought and action' of the present day, and her lessons on Phrenology for young students are extremely interesting and well written. The phrenological 'tit-bit' column, 'free graphology' column, human nature studies, and the copious notes of 'Vandula' are better than I can describe. All persons interested in the maintenance of bodily health would do well to peruse its pages month by month, as many diseases are of mental origin, and must be treated accordingly. The illustrations are well got up and very effective, which is, no doubt, one of the features that has gained for it a good circulation, conjointly with the unceasing efforts of its proprietor, who anticipates the circulation to rise to 50,000 during the year. We sincerely trust that 'anticipation' will develop into 'realisation' for the sooner literature of this class reaches the homes and minds of the whole world, the quicker shall we see disease, gluttony, intemperance, and therefore sin, dispelled from our midst. The whole tone of the magazine is entirely free from bigotry, and we know of no better penny monthly to satisfy the needs of most persons of a thoughtful turn of mind. Price, 1d. (of any bookseller), or 1/6 per year, post free, direct from *Know Thyself* Office, 115, Taylor Street, Batley, Yorks.



"The Free Trade Hall, West Hartlepool, has for the past three weeks been filled with appreciative audiences to hear the lectures of Professor and Mrs. Ward on 'Phrenology' and 'Physiology,' which have from time to time been referred to in our columns. The diorama, with which each evening's entertainment has concluded, has been especially admired, while the musical selections by Miss M'Nicol and the recitations by Prof. Ward, Miss J. E. Ward, and Mr. W. Bowman have added not a little to the interest of the programme. The lectures have been of a high tone, and their object the advocacy of 'good, and right, and truth.' Not the least popular have been the Sunday services, at which Professor Ward has sang and preached the Gospel, illustrated with dissolving views, truth thus going through the eye to the heart. The hall has on each occasion been crowded to its utmost capacity. The services were brought to a close on Sunday, March 6th. In the morning the subject of the address was 'Alcohol.' In the afternoon he spoke on the 'Little Captive Maid,' a specially interesting part of this service being the presentation to Prof. Ward of a testimonial consisting of a beautifully bound copy of the Scriptures and a volume of sacred songs and solos. The presentation was made by Mr. Wm. Featherstone, who, in a few well-chosen remarks, acknowledged the generous help received by the cause as the result of Professor Ward's lectures. The Bible contained the following inscription, beautifully illuminated: 'This Bible,

together with a copy of sacred songs and solos, is presented to Professor Eli Ward by a few of the inhabitants of West Hartlepool in grateful acknowledgement of his generous and efficient services as a lecturer on phrenology and physiology. by which the town at large has been greatly benefited. March 6th, 1892." Then followed the names of the subscribers, headed by Ald. T. Furness, (Mayor of West Hartlepool), Mr. C. Furness, M.P., &c. Professor Ward, who appeared much affected, in a few words acknowledged the presentation which he should always value and look with pride upon, and it would ever bring happy recollections to him. At night Professor Ward preached on "The Man of Sorrows," the lime-light illustrations being of a specially fine character. Professor Ward left the town on Monday, Mar. 7th, followed by the good wishes of a large circle of friends and admirers."

* *

 Dr. Densmore's non-starch system of diet is not yet entirely out of our minds at 115, but the editor of *Natural Food* in a long reply to what appeared in February *Know Thyself*, seems to think that we p'unged *too recklessly* from one diet to the other. No such thing. A plentiful supply of nuts, oranges, figs, dates, prunes, and raisins were sufficient to satisfy every occupant at 115, and everybody hoped the diet would be continued. It was a matter of *expense* that forced us to discontinue such a luxurious diet, fit for royalty, not that we felt any other inconvenience, not in the least; on the other hand we were the better in health, temper and everything except *finances*, and that is a sore point when there is very little to boast of. We were persuaded to give the system a trial through reading the valuable pamphlet, entitled, 'An exposition of the non-starch system,' price 2d., post free 24d., which can be obtained at *Know Thyself* Office, 115, Taylor St., Batley, Yorkshire, and we are still adhering to the system *in part*. We were vegetarians, but we have now drifted into a diet which consists of whole meal bread, (never any white, Doctor) and meat, with a good supply of dates, apples, figs, prunes, oranges, and nuts. These we find to be cheaper than *all* fruit and nuts. Our drink consists chiefly of milk and Cadbury's cocoa, and with care we think we shall be able to maintain pretty good health, by partaking of good fruit to overcome the evil effects of starch foods. Now then, everybody try it.

* *

We do not profess to have a perfect Register of Phrenologists, etc., but as at the commencement of the "Medical Registry," and the registration of "Dentists and Chemists," all were entered with or without character, so we wish to enter the name of every respectable Phrenologist, Mesmerist, Hypnotist, Herbalist, and Hygienist on "THE OFFICIAL REGISTER."

To show the necessity of Mesmerists and Hypnotists having their name entered on "THE OFFICIAL REGISTER," I beg to draw my readers' attention to the following newspaper cutting:

"The law recently approved by the Parliament in Brussels is as follows: First, whoever exhibits an individual hypnotised by him or by another, shall be punished by imprisonment for from two weeks to six months, and by a fine of from one to forty pounds. Second, any person not a physician, having hypnotised an individual under twenty-one years, or one not in full possession of his mental powers, shall be punished by the same fine, even when the hypnotised individual has not been exhibited publicly."

This clearly proves the necessity; for gradually the same law will creep into our code of laws, and then only those persons who can show some proof that they were before the public as practitioners will be acknowledged and permitted to practise it. Dr. Wilson, and others who appear before the public as platform orators, never lose a chance to emphasize the statement "that only the Medical Faculty should be allowed to use this power." Of course they would no doubt like to monopolize it, but we must take a determined stand against them in this matter, and show these gentlemen that

there are persons who have spent time, money, and energy to make themselves proficient in the science, and quite as capable to use it successfully as themselves. With this warning I urge on every Mesmerist, or to use the more fashionable name Hypnotist, to send in their name and address at once.

* *



I have read with great interest the four lectures of Prof. J. W. Taylor, Dp. U.P.S., A.F.I., M.N.L.S., etc., entitled "Love, Courtship, and Marriage," 60 pp 8vo., and I must candidly admit that I have never seen or read such an instructive book on the subject at so low a price, 6d. It is very carefully written, and the hints and rules "How to read character by the walking, handshaking, etc.," are alone worth the price asked. There being so great a competition in works of this class, it is a wonder to me how its author can manage to give so much for so little money, but that does not make the subject any the less instructive. To sum up, anyone who reads the above pamphlet, and puts the directions given into practice will never cry, "Marriage is a failure," for it is a complete guide to "Matrimonial bliss." For sale at *Know Thyself* Office, price 6d., post free 7d.

* *



I have received the following communication from Prof. Allen, of Cardiff:—

"Yesterday afternoon I handed my card to the courteous manager of the Empire (Mr. Stoll), and asked him if he would kindly grant me the favour of a professional examination of those two remarkable freaks of nature, Aama and Colonel Ulpts. Mr. Stoll referred me to the Colonel. This mi(gh)te-y and important personage I tackled on the stage, where he was strutting about with perfect ease and self-composure, and asked him if he would allow me to read his and the lady's head. He said he would allow me to read his head with pleasure but he thought the lady would not like it. However, he referred me to the father of the lady, who, by the bye, could only speak his native language, French; but through his interpreter I learnt that he would be pleased to allow me to examine her head, if I would take the brougham with them after the afternoon show, and examine her at her own apartments. This, of course, I consented to do.

At four o'clock we passed, amidst a crowd of eager onlookers, into the brougham, and in a few minutes arrived at the lady's apartments. I should think she is the most remarkable giantess living. Although only 15 years old she is 8 feet high, and daily increasing in height. She has an excessive motive temperament, the osseous predominating over the muscular. Her movements are slow, ponderous, and ungainly. The feet, the hands, and the jawbone are remarkable for their enormous size. She has a conical shaped head, the circumference in the coronal region being 22 inches, while in the basilar region the circumference is 22½ inches. From ear to ear, over the coronal region the measurement is 15½ inches; over the reflective 13½ inches over the perceptive faculties 13 inches. The animal propensities predominate over the mental, reflective, and aesthetic faculties. The largest organs in the animal brain are amativeness, destructiveness, and alimentiveness. In the moral brain firmness and veneration. All the perceptive faculties are large; form and size being very large. The physical powers greatly predominate over the mental. The brain is only a little over the average size, and ought to be on the shoulders of a person 5ft. 6in. in height. She would be fond of eating, drinking, and all physical enjoyments. She is unimaginative, practical, and matter of fact; has good practical insight, and retentive memory, and could store up in her brain a great mass of facts. It would take a great deal to

arouse her passions, but when once aroused they would be violent. If kindly treated she would be pliant and docile, but if treated harshly would be very stubborn and bad tempered. The internal organs are not large enough to give support to the massive physical frame. She will not be long lived. If Signor Crispi's location of the organ of love of life is correct there is a suicidal tendency, as this is the smallest portion of the brain, and hope is not very active.

After I had examined the lady I amused her with a few ventriloquial manifestations, then took my leave, and wended my way towards the apartments of Colonel Upts.

On being ushered into his presence I found him assiduously engaged on a large rump steak and a plate of vegetables. However, he received me very cordially, and asked me to proceed with the examination at once. He is exactly opposite to the lady, both physically and mentally. He has a great predominance of the mental over the physical. Although he is only 40 inches in height the head measures $21\frac{3}{4}$ inches in circumference. The physical frame, however, is solid and closely knit. The brain is very active, and of superior quality. The largest organs in his brain are self-esteem, destructiveness, amativeness, cautiousness, ideality, wit, causality, comparison, intuition, time, and tune. He possesses an affectionate disposition, and a creative, imaginative, and poetic turn of mind. He is witty and original; is a deep yet rapid thinker, and prefers mental to physical enjoyments. His veneration is small; he possesses very little respect for either God or man, but a great amount of self respect. He is fully conscious of his own importance; in fact, he is so full of self-confidence that he wins the confidence of everyone with whom he comes in contact. He would be as much at home with ladies as with gentlemen—in fact, he is quite a “ladies’ man.” He is fitted to excel in mental studies and the fine arts.

“Your love of home is small,” I remarked; “you are fond of travel.”

“Yes,” he remarked, “I like plenty of change.”

“You are fond of the ladies, why don’t you get married?”

“I like my freedom. I like to go out when I like, come home when I like, go where I like, and do what I like. I do not wish to be tied to any person or place.”

“You have very strong feelings, yet at the same time great self-control; but when you do let your temper fly it comes out very strong.”

“It does, but I control it a great deal.”

“You are fond of music.”

“Yes, I write my own songs. We shall be going to London again shortly, and they will want some new stuff there. I am now preparing some new songs.”

“Have you tried painting?”

“Yes, but not since 1883. I was too fond of change to stick at it.”

“You are not bashful.”

“No; it does not do in this world; besides what have I got to be bashful for? I am as good as any man, and perhaps a little better.”

The Colonel then handed me his card and a miniature portrait of himself, and I took my leave of this brisk, smart, courteous and talented pigmy, and went home to tea, highly delighted with my interviews.

U. P. S. Notes,

BY THE SECRETARY.

AT the monthly general meeting held on Tuesday, 15th March, 1892, with Vice-President Thompson in the chair, A. J. Currie, M.D., F.S.Sc., (Lond.) and J. Thomas, F.S.Sc., etc., were granted the diploma of the U.P.S., *Honoris Causa*, and J. F. Brierley, Registered Phrenologist, and Member of the British Phrenological Association, *After examination*.

* *

Dr. Currie, M.D., F.S.Sc., was also added to the list of vice-presidents.

* *

Prof. J. W. Taylor, Dp. U.P.S., who is forming a phrenological class, has been appointed Secretary to the Morecambe branch of the U.P.S., and will, no doubt, prevail upon his pupils to become members of the Society.

* *

After the business was over Mrs. Ellis delivered a lecturette, entitled, “The human head phrenologically considered,” after which a discussion ensued, which proved to be both interesting and instructive.

* *

The next general meeting will be held on Tuesday, the 19th April, at 7-30 p.m., when John Thompson, Esq., will address the meeting on “Items of great importance.”

* *

I should like to urge all my readers to at once become a M.U.P.S. Address all communications to the Secretary, 115, Taylor Street, Batley.

The Official Register

of Professional Phrenologists, Mesmerists, Hypnotists, Herbalists, and Hygienists.

THE name and address, etc., of any respectable Phrenologist, Mesmerist, Hypnotist, Herbalist, or Hygienist, etc., inserted in this column for a period of *six months*, upon payment of *One Shilling for every six words*.

NOTE.—Members of “The Universal Phrenological Society” are entitled to the insertion of their name and address free of charge, but extra words must be paid for at the ordinary rates.

RULE.—The following persons are authorised to announce themselves as “REGISTERED,” so long as they maintain a good character, and keep up their subscription.

BRIGGS SAMUEL, U.P.S., 75, Taylor Street, Batley.

BRIERLEY JOSEPH F. Dp. U.P.S., 34a, Huddersfield Rd., Oldham.

CRISP WILLIAM, F.S.D. M., (Lond) F.S.Sc. Dp. U.P.S.
The Apairy, Castleton, *via* Crosmont. *†

CURRIE A. J. M.D., F.S.Sc., Dp. U.P.S., 19, Queen’s Walk, Nottingham

CLARKE EDWOOD, U.P.S., 5, Heckmondwike Road, Dewsbury Moor.

DALL DAVID, Dp. U.P.S., 30 Helen St., Arbroath, N.B.

ELLIS ALBERT, Dp. U.P.S., Professional Phrenologist, Consulting Hygienist, Curative Mesmerist and Hypnotist, etc., Phreno House, Taylor St., Batley, Yorkshire.

ELLIS IDA, Dp. U.P.S., Professional Phrenologist, Consulting Hygienist, etc., Phreno House, Batley, Yorkshire. *

FRANCE T., U.P.S., Savile Town, Dewsbury.

GRAY RICHARDS, Ph.D., F.S.D.M. (London and Paris), F.S.Sc., Dp. U.P.S. “Ellerslie,” Broadmead Rd., Radnor Pk., Folkestone.

LOCKWOOD JOHN, U.P.S., Parochial Hall, West Town, Dewsbury.

SOLLIS, A. H., U.P.S., Laisterdyke, Bradford.

ROE THOS, Dp. U.P.S., Merton Street, Banbury. *†

SIMMONS JOHN, M.D., F.S.D.M. (Lond) F.S.Sc. Dp. U.P.S., 34, Manchester Road, Hyde.

SOWDEN REUBEN, U.P.S., 11, Westgate End, Westgate, Wakefield.

TAYLOR J. W., Dp. U.P.S., 8, Queen’s Terrace, Morecombe. *†

THOMAS JOHN, F.S.Sc., Dp. U.P.S., 35, Cavendish Place, Carlisle. †

THOMPSON JOHN, Dp. U.P.S., Professional Phrenologist, and Curative Hypnotist, 84, Crackenedge, Dewsbury. *†

TREU RICHARD E., U.P.S., Medical Electrician, and Hypnotist, Huddersfield Road, West Town, Dewsbury.

* Member of the British Phrenological Association.

† Registered in the Phrenological Annual.



A Refutation to Dr. Andrew Wilson's Article.

"The Old Phrenology and the New."

BY SIGNOR CRISPI, F.S.Sc., Dp. U.P.S., ETC.

(Continued from Page 64)

THE next statement in Dr. Wilson's paper is an anatomical one, viz:—*How few Professors of phrenology have ever studied the brain, whilst a large proportion have never seen an actual human brain.* He further continues: *When vainglory besets us we must hold, if we are phrenologists, that there is a Molecular stirrage and activity of brain particles beneath a certain bump of Self-esteem situated above and in front of the ear.* Now, in this passage, Dr. Wilson displays not only his ignorance of Physiological facts but also his total ignorance of the location of the organ of Self-esteem. Allow me to ask this learned gentleman in what standard work upon phrenology he is directed to look for Self-esteem above and in front of the ear? Any schoolboy with a threepenny elementary book upon phrenology would not commit himself to such a statement. Now, let us look at the physiological facts in regard to this Molecular action. We cannot doubt, says Dr. Cullen, that the operations of the intellect always depend upon certain motions taking place in the brain. Sir Astley Cooper states he has seen this peculiar action of the brain. See again Elliotson's Blumenbach, 4. ed., p. 283, a case reported by Dr. Peerquin, having been observed by him. The patient was a female who had lost a large portion of her scalp, skull, and dura mater, so that a corresponding portion of the brain was open to inspection. When she was in dreamless sleep her brain lay motionless within her cranium, but when her sleep was imperfect, and she was agitated by dreams, her brain moved. See also Coombe's System, p. 17, where other cases are mentioned; in fact similar cases are quite common, and one method of verifying this Molecular action is within the scope of most persons. Let them examine the head of infants and place their hand lightly upon the fontanell or opening in the bones of the skull and they will find perfect stillness during repose, but immediately the little one awakens a slight, worm-like motion is perceptible, and during a fit of passionate

crying this worm-like motion is strongly apparent, and the movement of the cerebral convolutions quite distinct to the touch.

Dr. Wilson continues:—*Were the deductions of phrenology true, or were its claims to be regarded as a Science founded on definite grounds, mind would no longer be a mystery.*

How often will phrenologists have to reiterate that they do not pretend to deal with mind as an abstract principle. We only deal with the manifestations of mind, and in this we claim to have the most logical system extant, but in regard to the mystery of what constitutes the mind we have nothing whatever to do; we rest content to use the words of George Coombe, that of whatever substance mind is composed, it was chosen by the Creator, and doubtless is the very best for His purpose, and we leave our trust in Him.

Dr. Wilson continues:—*True, various great men have had large brains, but cases of great men having small brains are equally common.*

At first sight, to the non-professional public, this seems a formidable objection. In considering this question of brain Dr. Wilson gives several instances of the weight of brain as a whole. Now, has it never got into Dr. Wilson's brain that it is possible for the brain to be greater or less in certain directions? Phrenologists have found the brain to include at its side and base, animal propensities; in the frontal region, intellectual faculties; and at the top moral sentiments. It must be a palpable fact in weighing the brain as a whole, that you might have two brains of exactly the same weight yet totally different in their proportions. To make this clear, let me suppose two brains each to weigh 50 oz. In one we might have propensities 25 oz.; intellect 11 oz.; moral sentiments 14 oz.; total 50 oz. In brain no. 2, we might have propensities 14 oz.; intellect 16 oz.; moral sentiments 20 oz.; total 50 oz. Thus you see those two brains would be equal in actual weight as a whole, but totally different in regard to character, therefore it takes a phrenologist to estimate cerebral capacity.

No matter how learned any one may be, if he is ignorant of the question he professes to deal with, (as Dr. Wilson has shown himself to be) he can only make vain attempts to damage a science which will for ever remain the *beacon light for humanity*. In regard to great men having small brains, we fearlessly assert that no case is on record (well authenticated) of any man having a small development of any class of organs, and exhibiting great mental endowments in that particular direction. Certainly quality and training will greatly improve small organs and make them exhibit considerable proficiency, but let the same circumstances be given to large organs of the same temperament, health and other things being equal, the large ones will excel the small ones in exact ratio of their size. This principle of size being the measure of power is amply stated in any standard work on phrenology, (*vide* Coombe's System, or his Elements.)

(TO BE CONTINUED IN OUR NEXT.)



Established
1891.



The Universal Phrenological Society



COMME IL FAUT.



For the Investigation of Mental Science.



President— JOHN SIMMONS, M.D. (U.S.A.,) F.S.Sc.

Vice-Presidents—

RICHARDS GRAY, F.S.Sc.
JOHN THOMPSON, Esq.

SIGNOR CRISPI, F.S.Sc.
A. J. CURRIE, M.D.

1.—Any person interested in Phrenology may become a member of this Society by paying 10/- per annum, but members of other Phrenological institutions shall be admitted on payment of 5/- per annum, which sum shall be spent on the Library and Museum of the Society, and the distribution of Mental Science Literature.

2.—All members shall be at liberty to suggest anything for the advancement of the Society.

3.—Members shall be entitled to have their names and address inserted in *Know Thyself* every month free of charge, in the column set apart for that purpose.

4.—Each member shall be entitled to receive a copy of "*Know Thyself*" every month post free, which magazine shall be acknowledged the official organ of the Society.

5.—Members may use the initials (M. U. P. S., or U. P. S.) of the Society, so long as they maintain a good character, and keep up their yearly contributions, whether they possess a diploma or not.

6.—Diplomas will be granted to *members* who can write an original essay on Phrenology, give a character sketch from the Photograph of some well known person; furnish the name and address of two references, and remit 2/6 for cost of diploma etc., or present themselves before the Executive Council for a practical examination N.B.—*Members* of the U. P. S., who possess a certificate of any other Phrenological institution, will be granted a diploma *Honoris Causa*, without passing the above examination on payment of 2/6 for costs.

7.—Meetings will be held at the office of *Know Thyself*, 115, Taylor Street, Batley, Yorkshire, on the third Tuesday in each month, at 7 30 p.m., and a report of same will be published in *Know Thyself*.

8.—The accounts will be audited at the close of each year, and a Balance Sheet forwarded to each member.

9.—Vigorous measures will be taken against any person using the initials of the U. P. S. who is not a member, or who has forfeited his or her membership by nonpayment of contribution.

10.—All communications must be addressed to the Secretary, 115, Taylor Street, Batley, Yorkshire.

Notices.

Know Thyself Annual for 1893. Over 100 pages price 6d. Ready October 1st, 1892. Phrenologists who have a good block of themselves should send it, with a few facts of their life, and we will insert same in the "Annual," on condition that 50 copies or more are ordered at half-price. This will be the largest and best sixpennyworth in the phrenological world.

—o—

We have a quantity of Phrenological Annuals for 1892. A good sixpennyworth. Send for one post free 7d.

—o—

If you want to help make *Know Thyself* a success, order a copy from *each* newsagent in your town, and thereby make them feel interested

—o—

The members of the U.P.S. wish it to be thoroughly understood that the Society is not antagonistic to the B.P.A., London, which is scientific, and worthily so, to the advancement of phrenological principles on such foundation. This Society is more practical in its tendencies and aims, seeking to encourage the timid, enlighten the doubtful, and instruct the student, at the same time encouraging essays on subjects connected with phrenology from the members for publication in *Know Thyself*.

—o—

You are earnestly invited to become a member of the "Universal Phrenological Society," whether you possess a knowledge of the science or not. Any questions concerning the working of the Society, that are not dealt with in the magazine, will be cheerfully answered by the Secretary to all intending members.

—o—

The diploma of the U.P.S is about 21in. long, and 17½in. wide, printed on good stiff paper, suitable for framing.

—o—

• Smaller Phrenological Societies would do well to affiliate themselves with the U.P.S. Any particulars can be obtained upon application to the Secretary.

—o—

Wanted phrenological busts of all kinds to lay before the Executive Council of the U.P.S., for their decision as to which is the best and most useful for practical purposes. The one most appropriate will be recommended at all times by the Society.

—o—

If you see anything in a newspaper, or any other periodical respecting phrenology or phrenologists, please cut it out and send it to *Know Thyself* Office

—o—

Know Thyself can be obtained at half-price in quantities of not less than one dozen.

—o—

Will our numerous correspondents bear in mind that when they require a reply to their communications by post, they should enclose a stamped addressed envelope.

We received a visit from Prof. Roe. Dp. U.P.S., of Banbury, last week, and right glad were we to see him, although like others he must needs come in disguise for a phrenological examination, before making himself known. After a couple of hours chat on human nature, we were more than convinced that the professor has a bright future before him. When you come anywhere near Batley pay us a visit.

A phrenological character sketch of Queen Victoria, by Prof. Dall, Dp. U.P.S., who made a personal examination of Her Most Gracious Majesty some time ago, will appear in our next issue. Also the lives and character sketches of Dr. and Mrs. Walford Bodie (the original magnetic lady,) all being well.



Advertisements.

ADVERTISEMENTS are inserted in this column at the rate of 1d. for every four words. Three insertions at the price of two. Advertisements for our next issue must reach us not later than the 15th of this month.

Advertisers can have replies sent to us, and forwarded on to them, on payment of 3d. extra for cost of postage, &c. Address—"Know Thyself" Office, 115, Taylor St., Batley, Yorkshire.

Situations Wanted.

A SHARP intelligent Young Man seeks a situation as assistant to a Phrenologist or Mesmerist (travelling or otherwise).—Apply by letter to Assistant, *Know Thyself* Office, Taylor St., Batley.

WANTED.—Home Employment of any description by a lady. Address—Home 115, Taylor Street, Batley.

FOR EDITORS ONLY.—A Professional Graphologist and Physiognomist who is engaged by several magazines to delineate the character of their readers from handwriting or photograph, is willing to edit a column in any periodical for that purpose, at extremely low rates, Address—Sambo, c/o *Know Thyself* Office, Taylor Street, Batley.

TO AMATEUR AUTHORS.—An author offers his services to persons wishing to publish, by revising and preparing their manuscript, proofs &c. Apply Author, care of 115, Taylor St., Batley.

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EMPLOYMENT OFFERED to all FEMALES, whole of spare time; £1 upwards weekly easily and honestly earned; no special experience required; no painting, hawking, or canvassing, &c., but plain, honest, straightforward work, done entirely in your own home; no deceit; failure impossible; send one shilling to start at once. Address—Ellis & Co., 115, Taylor Street, Batley, Yorkshire.

AGENTS WANTED, men or women, to sell our publications, &c. Send 1s. for outfit to start at once. Address—"Know Thyself" Office

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HOW I MAKE £55 a year by my Sewing Machine, without publicity or contact with others, price 1s. Address—Miss Fisher, c/o 115, Taylor Street, Batley.

PHOTOGRAPH of an ordinary English postcard on which the word "Prizes" is written 10,353 times. Marvel of the age. Price 1s. Address—Ellis & Co., 115, Taylor Street, Batley.

A LARGE quantity of 1892 Phrenological Annuals for sale, 7d. each post free. 100 pages of good reading. Address—"Know Thyself" Office.

SECONDHAND. The Wife's Handbook, 6d. Hints to the Married, 9d. Works of Josephus, cloth, 878 pages, 2s. 6d. The young Composer 9d. Bookkeeping, 6d. Pitman's Reporter's Assistant, 6d. The people's Guide to Health, 9d. Health for the Household, cloth 1s. Finney's Lectures on Revivals of Religion, cloth 396 pages, 1s. Revised New Testament, 4d. Watt's on the Improvement of the Mind, cloth 480 pages, 6d. Dr. Kito's Pictorial Bible, published at 45s., only 20s. Also a quantity of old Magazines. Send stamp for reply to the Editor, 115, Taylor Street, Batley.

Publications Wanted.

SECOND-HAND BOOKS wanted on Phrenology, Physiognomy, Physiology, and Mesmerism. Address—115, Taylor Street, Batley.

Unclassified and Late Column.

"KNOW THYSELF." (The official organ of "The Universal Phrenological Society.") Edited by Prof. Ida Ellis, Dp. U.P.S., Member of the British Phrenological Society, etc. Devoted to Phrenology, Physiology, Mesmerism, Hygiene, and other Physical and Mental Sciences. Profusely illustrated. Published monthly, price 1d., or 1s. 6d. per year, post free. Address—Editor, 115, Taylor Street, Batley, Yorkshire.

THE NEW UNDERSTANDABLE PHRENOLOGICAL REGISTER. By Albert and Ida Ellis, Dp. U.P.S., etc. Illustrated. Acknowledged to be the very best and most useful for both professional and amateur phrenologists. It is printed on beautifully toned paper and has nearly a dozen blank pages for notes, etc. Prof. J. W. Taylor, of Morecambe, writes:—"Send me 500 of your Registers, for they are remarkably cheap." Price 2d., post free 2½d. Address—Prof. Ellis, 115, Taylor Street, Batley, Yorkshire.

THE TEMPERAMENTS: their influence on Character. By Albert and Ida Ellis, Dp. U.P.S., etc. Profusely illustrated with portraits of remarkable people, etc. This pamphlet can be used by professional and amateur phrenologists for written delineations, several pages being left blank for that purpose. Just out, 1892. Read what Prof. J. Thompson, of Scarborough, says:—"It is remarkably cheap and very instructive. It should sell in thousands. Send me 200 at once as a start. Price 2d., post free 2½d. Address—Prof. Ellis, 115, Taylor Street, Batley, Yorkshire.

CHARACTER SKETCHES, (with lives and portraits) of C. S. Parnell, W. H. Smith, General Booth, Prof. Ida Ellis, P. T. Barnum, Prof. J. W. Taylor, and others, by Profs. Albert and Ida Ellis, Dp. U.P.S. Price 1d., post free 1½d. Address—Prof. Ellis, 115, Taylor Street, Batley, Yorkshire.

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PRESS CUTTING. "Prof. Ellis, Dp. U.P.S., Professional Phrenologist and Consulting Hygienist, etc., is a member of the British Phrenological Association, and has been a student of Phrenology and Hygiene since 1881. During that period hundreds of unsolicited testimonials have been sent by all grades of society, including several editors of journals, etc., to acknowledge the Professor's abilities. All communications should be addressed to Prof. Ellis, Dp. U.P.S., 115, Taylor Street, Batley, Yorks.

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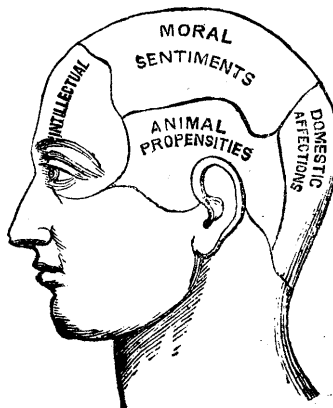
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